

# vjk korte baan25: Session: 4: COACH evaluation sheet for TEAM: KWZC

Coachinfo: Warming up from: 13:00 until 13:45. Teamleadmeeting @ Relay line-up input: The listed starttimes are indicative!

Coaches: Beel Steven HEADCOACH

Coaches: van Mil Ella

Coaches: Destoop Jens

PB => Personal Best time

SB => Seasons Best time: Season starting point: first of September.

<b>Event number: 31: 100M BACKSTROKE MEN 13-14</b>				<b>Heat:1, starttime: 14:26</b>	
<b>Heat: 1/9 Lane : 5 Athlete: LAVAERT CLÉMENT</b>				<b>Q-time: 01:21:62</b>	
PB (25m pool): 01:21.62 Diksmuide 12/10/2025			PB (50m pool): no time SB: 01:21.62 Diksmuide 12/10/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:40.34		01:21.62	
	00:40.34		00:41.28		
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 32: 100M BACKSTROKE WOMEN 13-14</b>				<b>Heat:7, starttime: 15:00</b>	
<b>Heat: 7/10 Lane : 7 Athlete: VAN HOUCKE IMKE</b>				<b>Q-time: 01:14:10</b>	
PB (25m pool): 01:14.10 Gent 23/02/2025			PB (50m pool): 01:17.92 SB: 01:14.89 Diksmuide 12/10/2025		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		00:36.49		01:14.10	
	00:36.49		00:37.61		
	.....	.....	.....	.....	

Coach feedback:

<b>Event number: 33: 100M BREASTSTROKE MEN 13-14</b>				<b>Heat:1, starttime: 15:09</b>	
<b>Heat: 1/7 Lane : 7 Athlete: LAVAERT CLÉMENT</b>				<b>Q-time: 01:38:94</b>	
PB (25m pool): no time			PB (50m pool): 01:38.94 SB: no time		
	<b>25 M</b>	<b>50 M</b>	<b>75 M</b>	<b>100 M</b>	
PB		no time		no time	
	no time				
	.....	.....	.....	.....	

Coach feedback:

# vjk korte baan25: Session: 4: COACH evaluation sheet for TEAM: KWZC

**Event number: 34: 100M BREASTSTROKE WOMEN 13-14** **Heat:4, starttime: 15:29**

**Heat: 4/9 Lane : 6 Athlete: VAN HOUCKE IMKE** **Q-time: 01:27:28**

**PB (25m pool): 01:27.28** Gent 23/02/2025 **PB (50m pool): 01:31.65** SB: 01:28.42 Diksmuide 12/10/2025

	25 M	50 M	75 M	100 M	
<b>PB</b>		00:41.49		01:27.28	
		<i>00:41.49</i>		<i>00:45.79</i>	
	.....	.....	.....	.....	

Coach feedback: